



# N J S E A S O N A L I T Y C H A R T

Fruits & Berries	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.
Apples									
Blackberries									
Blueberries									
Cherries									
Cranberries									
Grapes									
Peaches, Nectarines									
Pears									
Plums*									
Strawberries									

Vegetables	APRIL	MAY	JUNE	JULY	AUG.	SEPT.	OCT.	NOV.	DEC.
Arugula									
Asparagus									
Beans*									
Beets									
Bok Choy									
Broccoli									
Cabbage									
Carrots									
Cauliflower									
Chard									
Chinese Cabbage									
Collards									
Cucumbers*									
Dandelion Greens									
Eggplant*									
Garlic									
Garlic Scapes									
Herbs*									
Kale*									
Leeks									
Lettuce									
Lima Beans									
Mustard Greens									
Okra**									
Onions									
Parsnips									
Peas									
Peppers									
Potatoes									
Pumpkins									
Radish									
Scallions									
Squash									
Spinach									
Sweet Corn									
Tat Soi									
Tomatoes*									
Turnips									

- \* Plums**  
 • Traditional  
 • Fall Bearing

- \* Cucumbers**  
 • Pickle  
 • Salad

- \* Herbs**  
 • Basil  
 • Chives  
 • Cilantro  
 • Dill  
 • Mint  
 • Parsley

- \* Kale**  
 • Curly  
 • Lacinata
- \* Lettuce**  
 • Bibb  
 • Green/Red Leaf  
 • Romaine  
 • Spring Mix

- \* Peppers**  
 • Bell  
 • Jalapeno  
 • Poblano  
 • Serrano

- \* Potatoes**  
 • Idaho (baking)  
 • Wax  
 • Yukon Gold  
 • Purple  
 • Sweet Potato

- \* Squash**  
 • Yellow  
 • Zucchini  
 • Winter Squash  
 • Hubbard  
 • Acorn  
 • Pumpkin

- \* Tomatoes**  
 • Grape  
 • Roma  
 • Beefsteak  
 • Heirloom

NOTE: Seasonal variations exist in the northern and southern parts of the state.

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